

---

# MANALI SE MANN TAK CONCLAVE

September 5–10, 2026 | Manali

A private 6-day mountain reset for founders,  
CXOs, and wealth creators.

Step out of noise. Reset your nervous system.  
Return with clarity, energy, and direction.

Alignment, longevity, breathwork, movement, and deep soulful  
restoration in one curated experience.

- 
- Inner Compass Circles
  - High-altitude Breathwork & Sound Meditation
    - Pranic Movement & Grounding
    - Longevity Protocols & Biomarking
    - Silent Mornings & Forest Immersions
  - Curated Peer Circle — Limited to 16 guests



**BY INVITATION ONLY**

[info@manali-se.com](mailto:info@manali-se.com) | +91 81012 23486



Manali Se  
Mountain Sanctuary



bSOUND aURRAS  
Sound & Resonance



Prana Prive  
Longevity Protocols



The Mind Beyond  
Inner Compass

---

WHY THIS CONCLAVE

# This is not a wellness retreat.

It is a curated mountain experience where **breathwork, movement, meditation, longevity science, restorative living and inner compass alignment** come together in one private format.

Designed for those visionaries who lead from the front and seek a space to pause, recalibrate, and return sharper.

---

---

THE PROMISE

Across six days, move through a guided rhythm of inner work, peace and soulful restoration.

The intention is to help each participant return with sharper focus, calmer energy, and a more sustainable way of leading and living.

Greater clarity.

Reduced internal noise.

Fresh perspective.

Deeper connection between self, health, and purpose.

---

PROGRAM PILLARS

# Six days. Six pillars. One integrated experience.

- 01** **Silent Mornings & Forest Immersions**  
Digital decompression, slow mornings, and deep nature restoration.
- 02** **High-Altitude Breathwork & Vibrational Resonance**  
Breathe and flow with resonant sound sessions in the mountain air. Vocal toning and Sound Meditation.
- 03** **Inner Compass Circles**  
Bespoke inner-work labs and mateminding for clarity, alignment, and conscious guidance.
- 04** **Longevity Protocols & Biomarking**  
Wellness assessments using ancient Ayurveda, recovery protocols, and masterplans based on health insights.
- 05** **Pranic Movement & Grounding**  
Esoteric movement practices, forest walks, and earth-connection rituals.
- 06** **Curated Peer Circle**  
Limited to 16 guests. Founders, CXOs, and wealth creators only.

---

THE FACILITATORS

# Four partners. One integrated experience.



## Manali Se

A luxury mountain sanctuary in Jagatsukh, Manali, known for understated elegance, alpine serenity, and thoughtful hospitality.



## bSOUND aURRAS

A premium sound and spiritual-wellness brand centered on resonant wellness, calm focus, and spacious clarity.



## Prana Prive

A longevity-led Indian wellness concept focused on precision, prevention, and elevated healthspan experiences.



## The Mind Beyond

Purpose and inner compass alignment for high-achieving luminaries seeking clarity, alignment, and a more intentional path forward.

---

---

# MANALI SE MANN TAK CONCLAVE

The conclave is hosted at Manali Se, a contemporary luxury mountain sanctuary in Jagatsukh, Manali.

September 5-10, 2026 | Manali, Himachal Pradesh

---

BY INVITATION ONLY

[info@manali-se.com](mailto:info@manali-se.com) / +91 81012 23486 / +65 91863263



Manali Se



bSOUND aURRAS



Prana Prive



The Mind Beyond

---